

## Review Phys 11 Work-Energy-Power - Notes for the Video Lesson

**Topic:** Mechanical Energy and Power – Physics 11 textbook **Chapter 4.3, 4.4, and 4.6**

### Key concepts and equations:

**Video lesson 1:** <https://www.loom.com/share/a412df9d5dc64a208166f457e681a05c>

### **Types of Mechanical Energy:**

- Gravitational Potential Energy:  $E_g = mgh$
- Kinetic Energy:  $E_k = \frac{1}{2}mv^2$

### **Work Energy Theorem:**

Net Work = Change in Kinetic Energy

$$\Sigma W = \Delta E_k$$

### **Power = Rate of doing work**

$$P = W/t = \Delta E/t$$

**Video lesson 2:** <https://www.loom.com/share/6bff4e04621340cc8b8339164af69be3>

### **Conservation of Energy:**

$$E_i + W_{nc} = E_f$$

$$E_{gi} + E_{ki} + W_{nc} = E_{gf} + E_{kf}$$

$$mgh_i + \frac{1}{2}mv_i^2 + W_{nc} = mgh_f + \frac{1}{2}mv_f^2$$

### **Efficiency:**

$$\text{efficiency} = [\text{energy output/energy input}] \times 100\%$$

$$\text{efficiency} = [E_{out}/E_{in}] \times 100\%$$

### **Lesson:**

- Theory (development of equations, with unit analysis)
- Examples of problem solving strategies

#### **Assignment:**

- ~~Week of April 20~~ textbook theory questions and problems
- ~~Week of April 27~~ mini project:
- ~~Case study~~ the physics of a sport or activity

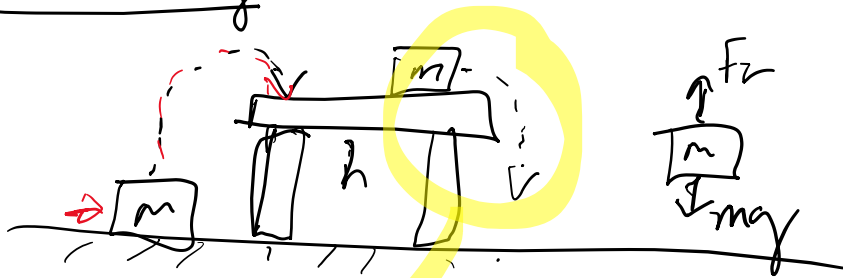
Lesson # 1 → Ch 4.3 + 4.4 + 4.6

Mechanical energy → Kinetic energy  
= energy of motion

↳ Gravitational Potential energy

$$G.P.E. = E_g$$

$$G.P.E. = E_g$$



$$\text{Work} = F_L \times d$$
$$W = F_L \times h$$

minimum  $F_L = mg$

$$W = mgh$$

ground to table top.



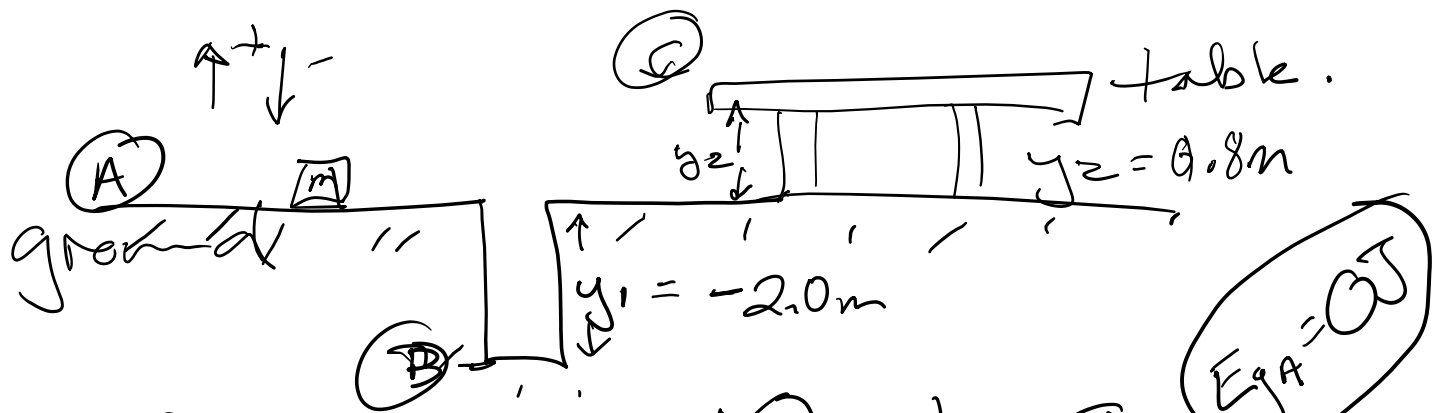
$$W_{F_g} = F_g \times \Delta h = \underline{mgh}$$

$$\text{Gravitational P.E.} = mgh$$

$$W = \Delta E$$

$$\begin{aligned} & (\text{kg}) (\text{N/kg}) (\text{m}) \\ & (\text{N} \cdot \text{m}) \\ & (\text{J}) \end{aligned}$$

Definition of frame of reference  
 - where is  $h = 0$ ?



if ground level A's  $h_A = 0m$   
 at B  $E_{gB} = mgy_1 = mg(-2.0m) = ?$   
 at C  $E_{gC} = mgy_2 = mg(0.8m) = ?$

BUT if  $h = 0m$  at B

$$E_{gA} = mgh_A = mg(2.0m) = \boxed{\quad J}$$

$$E_{gB} = mgh_B = \boxed{0J}$$

$$E_{gC} = mgh_C = mg(2.8m) = \boxed{\quad J}$$

Kinetic Energy = energy of motion

$$E_k = \frac{1}{2} m v^2$$

mass

speed

unit  $(\text{kg}) \left( \frac{\text{m}^2}{\text{s}^2} \right)$

= J

Work - energy theorem

Mathematical relationship

$$W_{\text{net}} = \sum \vec{F} \cdot \Delta \vec{d}$$

$$\sum \vec{F} = m \vec{a}$$

$$W_{\text{net}} = m \vec{a} \cdot \Delta \vec{d}$$

$$v_f^2 = 2 \vec{a} \Delta \vec{d} + v_i^2$$

$$W_{\text{net}} = m \left[ \frac{v_f^2 - v_i^2}{2} \right]$$

$$\frac{2 \vec{a} \Delta \vec{d}}{2} = \frac{v_f^2 - v_i^2}{2}$$

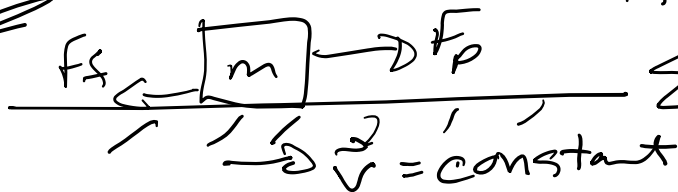
$$W_{\text{net}} = \frac{m v_f^2}{2} - \frac{m v_i^2}{2}$$

$$KE = E_k = \frac{1}{2} m v^2$$

$$W_{\text{net}} = E_{kf} - E_{ki} = \Delta KE$$

= Work - Energy Theorem

eg:

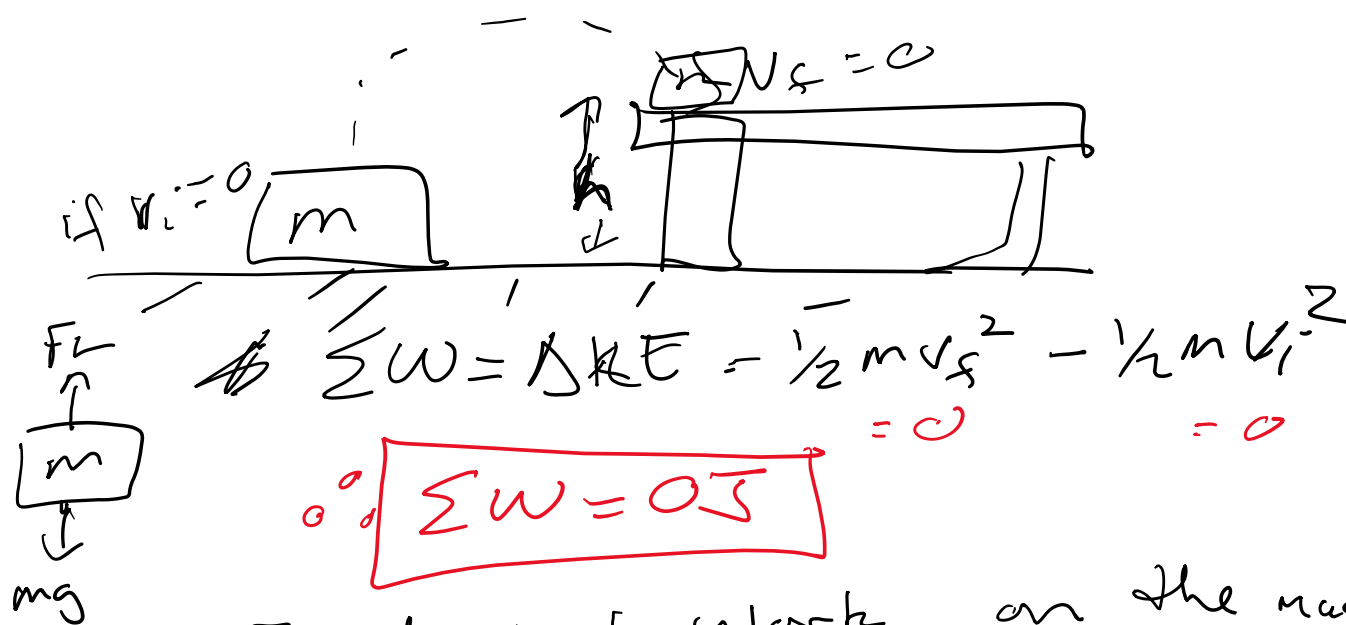


if  $F_p = F_f$

$$\sum F = 0$$

$$\Delta KE = 0$$

$$W_{\text{net}} = 0 \text{ J}$$



$$\sum W = \Delta KE = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2$$

$= 0 \qquad = 0$

$$\boxed{\sum W = 0 \text{ J}}$$

$F_L$  does + work on the mass  
and  $F_g$  does - work " " "



$$\boxed{\sum W = W_{net} = \Delta KE = \frac{1}{2} m v_f^2 - \frac{1}{2} m v_i^2}$$

from (A)  $\rightarrow$  (B)  $\Delta KE$  is - (slowing)  
 so net  $w = -mg \Delta y$

from (B)  $\rightarrow$  (A)  $\Delta KE$  is + (speeding up)  
 so net  $w = mg \Delta y$

from (A)  $\rightarrow$  (C)  $W_{net} = \Delta KE = \frac{1}{2} m v_c^2 - \frac{1}{2} m v_a^2$

4.6

~~Power~~ Power = rate of doing work

$$P = \frac{w}{t} = \frac{\Delta E (J)}{t (s)}$$

$$P (\text{Watt}) = \_ (\text{J/s})$$

$$\Delta E = P \cdot t$$

(w) · (s)

Hydro Bill ~~kw~~ kw · h

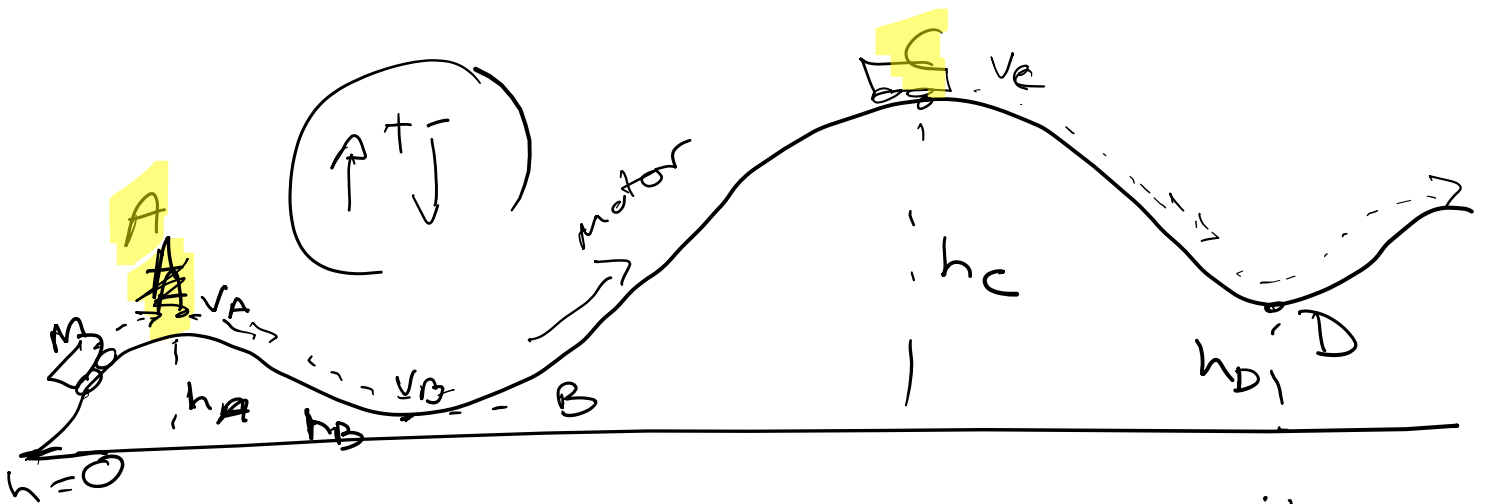
VIDEO LESSON #2 – Conservation of Energy and Efficiency – Chapter 4.4

$$E_p = mgh$$
$$E_k = \frac{1}{2}mv^2$$

$$\Sigma W = \Delta KE$$

$$P = \frac{w}{t} = \frac{\Delta E}{t}$$

eg roller coaster



cons. of Energy = energy isn't created or destroyed but can change form (Energy transformations)

if magical frictionless roller coaster

ⓐ → ⓓ (gravity only)

$$E_{\text{Total C}} = E_{\text{Total D}}$$

$$E_{gC} + E_{kC} = E_{gD} + E_{kD}$$

$$mgh_C + \frac{1}{2}mv_C^2 = mgh_D + \frac{1}{2}mv_D^2$$

$$2gh_C + v_C^2 = \underline{2gh_D} + v_D^2$$

$$v_D^2 = 2gh_C - 2gh_D + v_C^2$$

$$v_D^2 = 2g(h_C - h_D) + v_C^2$$

$$v_f^2 = 2g(h_i - h_f) + v_i^2$$

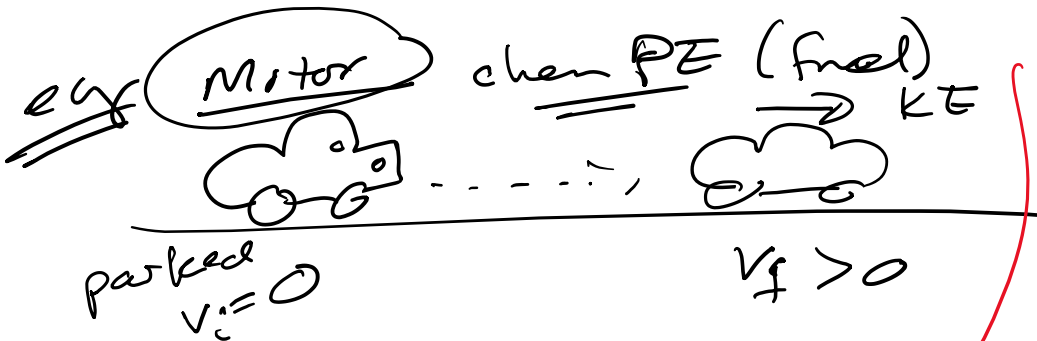
Same as kinematics

eg: (no friction + no motor)

# Non - Conservative forces

~~can~~ involve transforming mechanical energy  $\rightarrow$  other forms  
 - gravitational PE.  
 - kinetic E.

eg. heat  
sound  
light



$$E_i \neq E_f$$

$$E_i + W_{nc} = E_f$$

$$mgh_i + \frac{1}{2}mv_i^2 + W_{nc} = mgh_f + \frac{1}{2}mv_f^2$$

level road  $\therefore h_i = h_f$

$$W_{nc} = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_i^2$$

$$W_{nc} = \Delta E_k$$

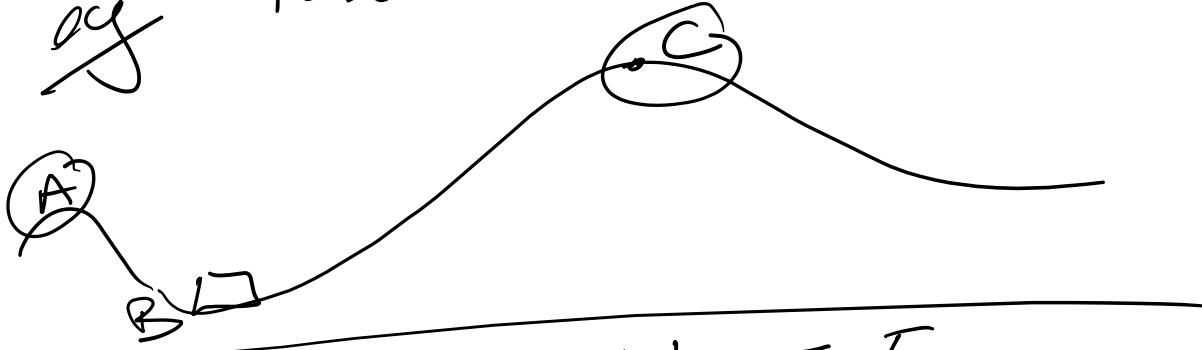
*W<sub>nc</sub> = work done by non-conservative*

*by forces*  
 eg.  $W_{nc} = F_f \Delta d$   
 (removes mech energy)

*eg. W<sub>nc</sub> by motor.*  
 (adds mech energy)



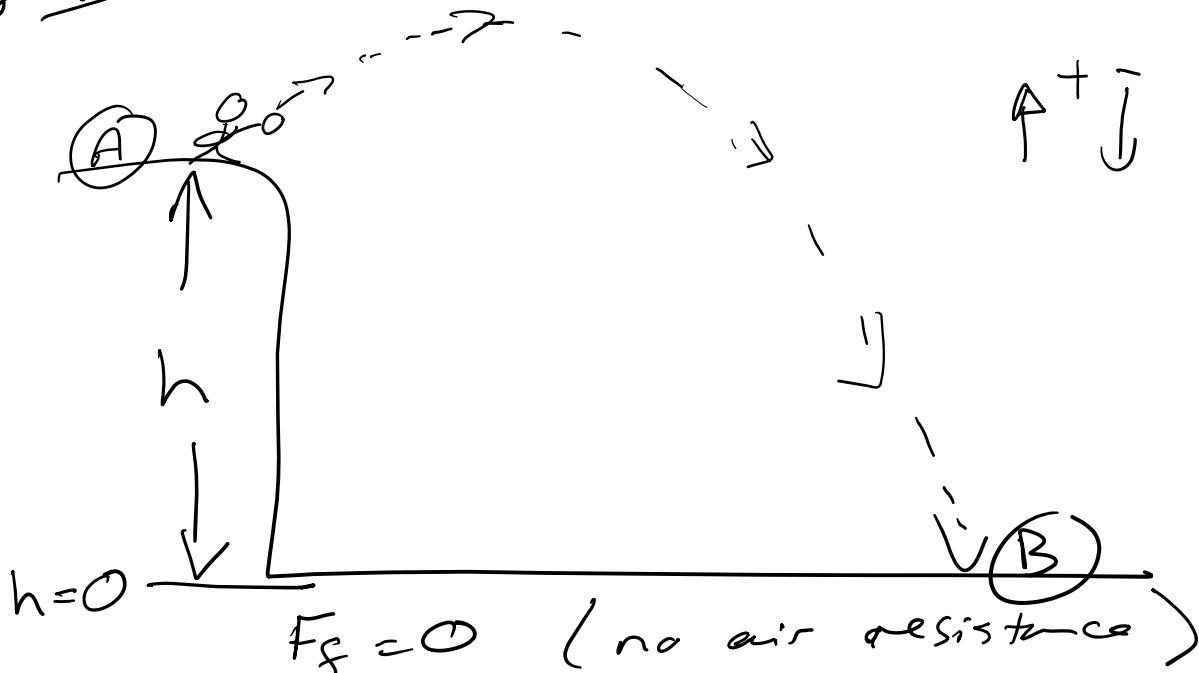
eg roller coaster.



$$E_{TA} + W_{nc} = E_{TC}$$

$$mgh_A + \frac{1}{2}mv_A^2 + \underbrace{W_{nc}}_{\substack{\text{(eg motor} \\ \text{+ friction)}}} = mgh_C + \frac{1}{2}mv_C^2$$

eg projectile.



$$F_g = 0 \quad (\text{no air resistance})$$

$$W_{nc} = 0$$

$$E_A = E_B$$

$$mgh_A + \frac{1}{2}mv_A^2 = \cancel{mgh_B} + \frac{1}{2}mv_B^2$$

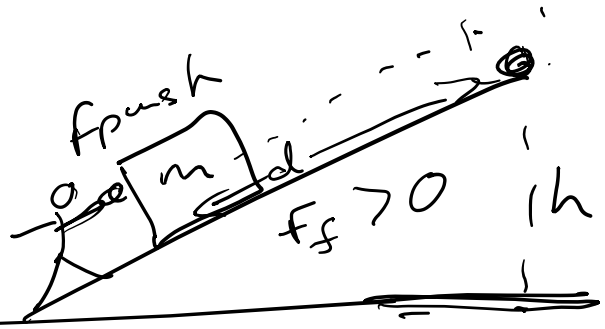
~~2gh~~  $2gh_A + v_A^2 = v_B^2$

$$v_f^2 = 2ad + v_i^2$$

$$v_B = \sqrt{2gh_A + v_A^2}$$

efficiency

or



~~W<sub>input</sub> = mgh~~  $W_{\text{output}} = \underline{mgh}$

$$W_{\text{input}} = F_{\text{push}} \times \Delta d \text{ (along ramp)}$$

if  $F_f > 0$  some of your work input ~~will~~ will be transformed in heat and sound.

$$\text{eff} = \left[ \frac{E_{\text{out}}}{E_{\text{in}}} \right] \times 100\%$$

$$= \left[ \frac{mgh}{F_{\text{push}} \times \Delta d} \right] \times 100\% = \underline{\hspace{2cm}}$$